Standards of Dress and Appearance

For the first day of classes, Monday, September 8, all students should be in "first dress". This includes an Appleby school blazer, plain white or solid light blue dress shirt, Appleby tie, grey pants or Appleby kilt, and black, navy blue or dark grey socks with pants, or navy blue knee-high socks or plain navy blue opaque tights (no patterns, no sheer nylons) with a kilt. New students receive a tie on the first day of classes and do not need to purchase one prior to the start of school.

After the first day of school, and up until the Thanksgiving long weekend, students will have the option to wear the white or navy blue Appleby crested polo shirt with or without the Appleby ¼ zip crested sweater or V-neck sweater as a warmer weather uniform.

Following the Thanksgiving long weekend, and until the May long weekend, students are required to wear the first dress uniform. Following the May long weekend, students again may choose to wear the warmer weather uniform.

School dress is worn at all times during the academic day unless permission is granted. Uniform items are available from Appleby's official supplier, Top Marks (www.topmarks.ca). Physical Education uniform items are available at the College Shop.

Additional details about school dress are below:

Blazer

- Navy blue single-breasted school blazer with the Appleby crest permanently affixed.
- Students who have received Colours may wear their Colours jacket.

Pants/Slacks

- Pressed grey dress pants.
- No sweatpants or lounge pants; no black pants (see sample photo for colour sample and style).

Kilt

- Appleby kilt – no shorter than seven cm above the knee.
- Students will be asked to change from kilts shorter than seven cm above the knee into their slacks. Students not wearing tights must wear boxer or biking shorts under their kilt.

Sweaters

- Navy blue sweater or vest (tie must be visible).
- No sweatshirts, turtlenecks or hooded tops of any style.
- Appleby logo athletic, house or grad apparel is not permitted with the school uniform.
- Navy 1/4 zip crested sweater or V-neck sweater.

Shirts

- Plain white or solid light blue dress shirt.
- White or navy blue Appleby crested polo (can be worn in September, October, May and June)

Appleby Tie

- New students receive a tie on Opening Day and do not need to purchase one prior to the start of school.
- Ties from Round Square schools can be worn upon return from exchange for one reporting period only.
- House ties are available for purchase at the College Shop.

Footwear

- Low-cut and low-heel black footwear.
- No boot-style shoes, clogs, open-toed, open-heeled or high heels.
- Practical black winter boots may be worn when there is snow or ice on school walkways. Students should have their shoes in their locker and be prepared to wear them if the sidewalks are clear.

Socks/Tights

- With pants: appropriate dress socks – no white socks.
- With kilt: navy blue kilt socks or plain navy blue opaque tights (no patterns, no sheer nylons).

Outerwear

- Students should dress appropriately for the weather.
- Hats and other outerwear are not permitted indoors.
- Coats may be worn outdoors.

****Students are to arrive at school and leave school in uniform, and must remain in classroom dress until the end of the academic day.****

Appearance

- Students must accept responsibility to dress tastefully within the school's guidelines, take an interest in their own appearance and wear their uniform proudly.
- All articles of Appleby clothing must be labelled with the student's name.
- A reasonably conservative, traditional haircut is required.
- Exaggerated hairstyles or colours are not permitted. Students must remain clean shaven or with facial hair neatly trimmed.

Examples of appropriate uniforms for students:

Physical Education

The Physical Education (PE) uniform must be worn in all gym classes. The uniform is comprised of:

> Navy blue or white crested T-shirt

> Navy blue athletic crested shorts

> White athletic socks

> Proper athletic footwear (e.g. running shoes)

> Navy blue wind suit or tracksuit for outdoor activities (purchased through the College Shop)

All students representing Appleby on a competitive team are required to purchase and wear the Appleby athletic tracksuit for all home and away games.

Additional equipment will be required for specific classes throughout the year (e.g. skates, bathing suit, baseball gloves, mouth guard, winter clothing). Please consult your PE teacher for the equipment required for your specific grade.

All uniform items of Appleby PE clothing are available from the College Shop. Students must have their PE uniforms for the first day of school.

Boarding students who have a dance or physical education class first period may wear their PE or dance uniform to breakfast.

Athletic Equipment and Uniforms

All students taking part in competitive or instructional programmes are required to provide their own equipment. Eye protection is mandatory for anyone using the squash courts. Mouth guards are mandatory for those playing field hockey, hockey and rugby. School-owned equipment and uniforms that are not returned two weeks after the end of the season will be charged to the student's account at a significant mark-up by the Business Office.

Athletic Practices and Games

Students participating in the athletics programme must wear blue shorts and a white or blue T-shirt to all practice sessions. All shorts must be an appropriate length. Tops can be sleeveless but cannot be tank tops or have a spaghetti strap. All students representing Appleby on a competitive team are required to purchase and wear the Appleby athletic tracksuit for all home and away games.

Dinner Dress

Dress during the supper hour is more relaxed. Casual, tasteful wear is appropriate. Students should change out of athletic and practice gear and ensure they have showered and cleaned up before coming to dinner. Outerwear, including hats, is not permitted in the dining facility at any time.