

HALTON REGION PUBLIC HEALTH • Office of the Medical Officer of Health

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TO: Halton Physicians, Nurse Practitioners, Emergency Departments, other Healthcare Providers

FROM: Dr. Patrick Galange, Associate Medical Officer of Health

DATE: May 13, 2025

RE: Updated measles vaccine recommendations for new outbreak affected areas may result in increased immunization requests

QUICK FACTS

- The Ministry of Health has [updated measles vaccine recommendations](#) for certain health units due to an increased risk of exposure in those areas. Halton Region is not currently experiencing outbreak-related cases of measles.
- People who live, work, attend school, travel, worship or spend time in these affected areas are recommended to receive measles vaccine according to the recommendations below:
 - Chatham-Kent
 - Grey Bruce
 - Lambton
 - Middlesex-London
 - Waterloo
 - Wellington-Dufferin-Guelph
 - Windsor-Essex
 - Southwestern
 - Grand Erie
 - Huron Perth
- Some child care centres and schools in these areas have issued communications to patients advising them of the updated vaccine recommendations so you may receive increased immunization requests.
- Updated vaccine recommendations for affected regions**

Children 6 to <12 months	Can receive an early first dose of MMR. Note: Children still need two more doses after 12 months of age.
Children under 4 years old (who have had one dose)	Can get an early second dose of MMR (at least 4 weeks after the first dose). Note: No further doses are required after this second dose. Will still require varicella at age 4.
Adults born on or after 1970	Should receive a second dose of MMR if they have only had one.

- Health care workers without documentation of proof of immunity, regardless of age of birth, will be excluded from work if exposed to a confirmed measles case. Ensure all staff in your office/clinic have documentation of either two doses of measles-containing vaccine OR laboratory evidence of immunity.
- Health care workers or military personnel: Two doses of the measles vaccine are recommended regardless of year of birth.**